### How to Parent Each Type

**Source:** The Child Whisper by Carol Tuttle

#### Type 1: Fun-Loving Child
- Incorporate fun
- Be spontaneous
- Plan social activities
- Create an outlet for big ideas
- Play in an animated way
- Listen to his/her stories
- Let him/her explore
- Check in with your child as he/she won’t express the hard emotions as easily

#### Type 2: Sensitive Child
- Use words like “thoughtful” and “kind” in place of “quiet” and “shy”
- Remind your child that his/her sensitive nature is a strength
- Give this child the time and space to be heard
- Nurture this child’s great attention to detail
- Express the power found in listening
- Don’t rush this child’s movement

#### Type 3: Determined Child
- Try not to shush this child. Instead, teach alternative volumes to honor certain situations
- Try to match the passion and enthusiasm at times
- Offer support through challenges this child will pursue
- Teach tenderness
- Get behind the big ideas
- Encourage the natural independence

#### Type 4: Serious Child
- Explain that other people have opinions too
- Encourage his/her leadership skills
- Don’t call your child bossy
- Teach empathy and be patient with the lack of sensitivity
- Remember that this child thinks very literally
- Don’t put him/her on the spot
- Don’t make promises you can’t keep
- Acknowledge the big picture plan

### What Does Each Child Love?
- **Type 1:** Surprises, imagination, and people
- **Type 2:** Peace, unwinding, and feeling comfortable
- **Type 3:** Moving fast, competition, & getting hands dirty
- **Type 4:** Analytical, one-track minded activities and being in control.